THE 3 CAUSES OF DATA BREACHES— AND HOW TO PREVENT THEM

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The 3 causes of data breaches—
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By Ben Reed, Product Marketing Manager

Security breaches have become a weekly occurrence in the news cycle, which has caused businesses to start asking questions. How are they happening? Is my business at risk?

The short answer is yes, your business is at risk. Here's an overview on how data breaches occur, why they're on the rise, and what steps to take now to protect your business.

Data breaches can be broken down into three separate categories: IT and business process failures, human error and malicious attacks, according to the Ponemon Institute.

IT and business process failures accounted for 25 percent of the incidents in 2017. These kinds of breaches occur when a company purchases a security solution such as antivirus software or encryption, but doesn't keep it updated or enforce related security policies over the years. They also occur when a company purchases a security product but never implements it.

ROOT CAUSE OF DATA BREACHES

HUMAN ERROR

28%

PROCESS FAILURE

25%

MALICIOUS

47%

Ponemon Institute 2017 Cost of Data Breach Study: Global Analysis

Human error, which can include someone leaving a computer unlocked, writing a password on a sticky note, or losing a device, accounted for 28 percent of breaches. Interestingly, 73 percent of devices that were lost or stolen were in the owner's work area or car (Verizon Data Breach Report 2016).

The final category, malicious attacks, is what most people think of when they hear about "hacking" in the news. However, actual hacking is a very small subset of total malicious breaches at just 19 percent. (Most hackers gain access to computers by simply guessing weak or default passwords, or by stealing them.)

The majority (51 percent) of malicious breaches is attributable to malware, such as viruses.

MALICIOUS BREACHES OVERVIEW

62%

BREACHES FEATURED HACKING

51%

BREACHES INCLUDED MALWARE

81%

HACKING RELATED BREACHES LEVERAGED STOLEN AND/OR WEAK PASSWORDS
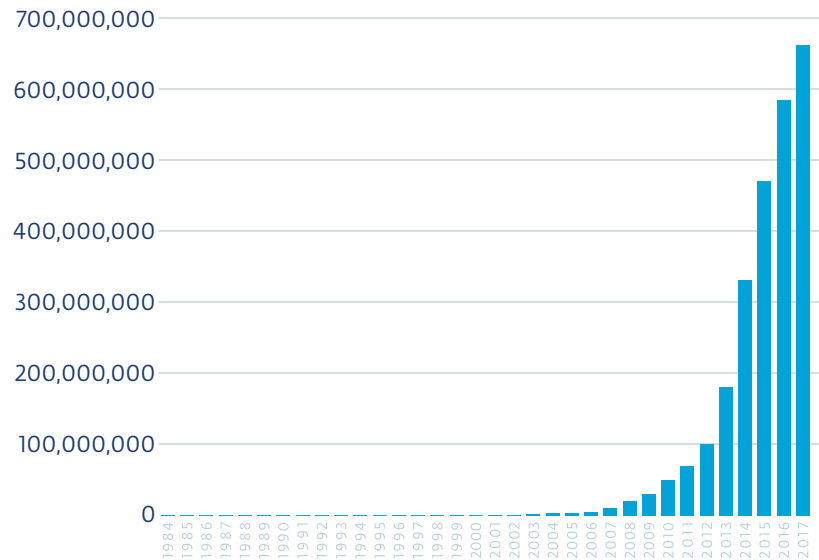
Verizon 2017 Data Breach Investigations Report—specifically: incidents involving credentials

Malware is becoming more of a problem, as the number of malware strains typically doubles every 12 to 16 months. Currently, the independent testing facility AV-Test sees around 390,000 new malicious items per day. Also, malware is no longer Windows specific—it also targets Mac and Linux with programs developed specifically to attack these operating systems. Because Mac and Linux users tend not to have any antivirus protection, when malware is written for these platforms it has a very high penetration and infection rate.

The final type of malicious breach is social engineering, which tends to be a person calling or emailing and pretending to be someone else. The most common form of social engineering is phishing emails. The endgame of these social engineering attempts is to "fish" for information that can be utilized to log into your accounts. Some questions may seem innocuous, such as what is your pet's name or the street you grew up on, but these are the answers to the most commonly used security questions needed to reset your passwords.

Ask a typical computer user and he or she will claim that they never click on links in email, they never respond to emails from people they do not know, and they always do the right things when it comes to online security. However, the statistics don't lie: they show that 30 percent of people open

TOTAL MALWARE BY YEAR

AV-TEST GmbH, www.av-test.org   Last update: September 21, 2017

phishing emails, and 12 percent of people open attachments (Verizon 2016 Data Breach Investigations Report). Obviously, more education is required around this topic to protect your company from this ever-growing threat.

So: how to protect your business, computers and data from these different threat vectors? Here are some basics. Overall, your best bet is to implement a multilayered security strategy that can prevent, detect and eradicate threats as well as protecting your data, systems and users.

Malicious attacks

Implement endpoint security solutions that will protect against viruses, ransomware and other types of malware. For added security and convenience, look for a solution with cross-platform capability that can be easily managed. ESET's award-winning endpoint threat protection provides comprehensive security that can be managed from a single console with *ESET Remote Administrator*.

Hacking

Protect against weak or shared passwords with two-factor authentication (2FA). *ESET Secure Authentication* offers easy-to-implement 2FA, which can protect local desktop logins, remote desktops, VPNs and devices.

Social engineering

ESET Mail Security ties directly into your exchange server and protects users from phishing schemes and spam emails. Using a cloud provider? *ESET Endpoint Security* products provide the same level of protection at the email client level, and also feature web access protection to prevent users from visiting potentially harmful websites.

Lost devices

One of the smartest security moves you can make is to encrypt computers, flash drives and emails so that your data is protected from unauthorized users. *ESET Endpoint Encryption* will help ensure that your data is inaccessible, even if a flash drive or mobile device is lost or stolen.

IT issues and process failure

What would you do if a natural disaster or power failure crashed your computers? Be sure to have a backup and recovery system in place that can quickly restore your data, apps and systems. And make sure the security software you choose comes with good customer support. ESET provides free, U.S.-based tech support to help keep you running smoothly 24/7.

About the author

With 10 years of experience in both small and large organizations, Ben Reed has quickly grown through the IT ranks. He has held numerous positions in IT including help desk, system administrator and solutions engineer. He is current product marketing manager for ESET North America.

For over 30 years, ESET® has been developing industry-leading security software for businesses and consumers worldwide. With security solutions ranging from endpoint and mobile defense to encryption and two-factor authentication, ESET's high-performing, easy-to-use products give users and businesses the peace of mind to enjoy the full potential of their technology. ESET unobtrusively protects and monitors 24/7, updating defenses in real time to keep users safe and businesses running uninterrupted. For more information, visit www.eset.com.

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